



# A Camp Like No Other Camp

## Who we are ...

St. Catherine's Academy is a Catholic school with a long held military tradition. Our emphasis is to develop the whole person by living and teaching the four Dominican Pillars of Community, Ministry, Study and Prayer.

## What we're about ...

For the past ten years our annual leadership challenge camp has introduced and trained boys and girls from ages 10 through 16 years in leadership techniques and skills while developing individual confidence and self-discipline and emphasizing teamwork throughout. Activities include leadership discussions and exercises, 3 military confidence courses, repelling, team building exercises, leaders reaction course, beginner and advanced obstacle courses, day/night land navigation training, terrain association and map reading, military-style physical training, and spiritual development.



***Dedicated to the formation of tomorrow's leaders.***

**A** ccomplishment  
**C** onfidence  
**A** ttitude  
**D** iscipline  
**E** ndurance  
**M** otivation  
**I** nitiative  
**C** ommitment  
**S** pirituality



## Why a leadership camp ...

Our annual leadership challenge camp is conducted at the California National Guard's training camp at San Luis Obispo. The camp provides us with everything needed to give our cadets the best quality training and most memorable experiences in their young lives. Our cadets have fun while learning they can accomplish anything in life. From the time they wake to the time they go to sleep, our cadets are immersed in the challenges of leadership, discipline and teamwork. They quickly learn that any challenge can be overcome as long as they remain focused, motivated, and committed to success. To see them rapidly dispel childhood fears and apprehensions and become young men and women who know within themselves that they can accomplish anything is why we started our camp ten years ago.



## How we train ...

Our highly trained and experienced military staff utilizes a tiered training system which first establishes a solid foundation from which to build confidence, discipline, and a can-do spirit in our cadets with much of this training being conducted on two fully operational military obstacle courses. Secondary training is then conducted on three top-of-the-line military confidence courses that include a multi-faceted climbing wall, a High Ropes Course and an Alpine Climbing Tower. The third and final level of training includes rappelling, day and night land navigation training, and a multi-lane Leaders Reaction Course from which every cadet gets the opportunity to lead their team in a teamwork oriented mission. As a conclusion to our challenging camp we conduct a team competition whereby each team puts into practice all that they have learned so that it may earn the title of "Top Team."

